

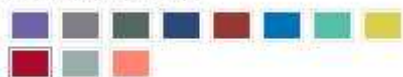
Yoga Mat Buying Guide

What to look for:

- **Thickness:** about ¼" thick
- **Denseness:** dense enough so that you do not feel the hard floor
- **Softness:** Not so soft to compromise your standing balance
- **Traction:** Find a slip resistant mat instead of a sticky mat
- **Size:** Should accommodate your height, width & style of practice
- **Color:** Pick a color that compliments your practice – bright colors to get you moving, or soothing colors to help you relax



Available Colors:



Manduka PROlite \$78

- 4.0 lbs; 71" x 24" x 3/16"
- Great for Hot Yoga
- Zero-waste, sustainable mat
- High performance in a lightweight form
- Superior wear and longevity
- Slip resistant, yet non-sticky, even when wet from perspiration
- 100% latex free

Manduka PRO 71" \$100 - \$118

- 7.0 lbs; 71" x 26" x 1/4"
- Great for Hot Yoga
- Superior wear and longevity
- **Density Cushion for unparalleled experience, joint protection, and versatility on any surface (carpet, cement, hardwood floors).**
- Fabric-like Surface Finish for slip-resistance, even with light perspiration.
- Closed-Cell Surface to keep out sweat from seeping into the mat & breeding bacteria.
- Lifetime guarantee.

Manduka PRO 85" \$128 - \$160

- 9.0 lbs; 85" x 26" x 1/4"
- Great for Hot Yoga
- Superior wear and longevity
- **Density Cushion for unparalleled experience, joint protection, and versatility on any surface (carpet, cement, hardwood floors).**
- Fabric-like Surface Finish for slip-resistance, even with light perspiration.
- Closed-Cell Surface to keep out sweat from seeping into the mat & breeding bacteria.
- Lifetime guarantee.